

# CAW Workers Adjustment Centre

## Local 127 & 35

### Holiday Hours

The CAW Workers Adjustment Centre will be closed:

**Boxing Day**— Monday, December 26, 2011

Tuesday, December 27th, 2011

Monday, January 2nd, 2012

### Workshops

Our enrollment for workshops we currently offer is down.

We would like your opinion!

What type of workshops you would be interesting in attending?

Please stop by, call or email your interests.

### Your Adjustment Committee

**CHAIRPERSON:** *Ken Brown*  
**COORDINATOR:** *Stu Winger*

*Shannon Brown*  
*Kyra Gall*  
*Natalie Heuston*  
*Jason King*  
*Rose Swallowell*

### Peer Helpers

*Greg Breault*  
*Shannon Brown*  
*Colette Crane*  
*Greg Crew*  
*Larry Duquette*  
*Rodney Horne*  
*Natalie Heuston*  
*Bobby Jones*  
*Melissa Lindsay*  
*Scott Loveday*  
*Gavin Stuart*  
*Ngan Thi Le*

462 Riverview Drive, Unit 7  
(519) 360-9595 Toll Free: 1-877-848-9595 Fax: (519)360-1589

[www.caw-wac.com](http://www.caw-wac.com) email us at [adjustmentcentre@gmail.com](mailto:adjustmentcentre@gmail.com)

**Open Mon-Fri. 9am-4pm**

### Children's Christmas Party

We are planning our annual Children's Christmas Party at the Centre.

Date: **Dec. 18th, 2011**

Time: **10 a.m.—2 p.m.**

★ FOOD ★ CRAFTS ★ MOVIE ★ SANTA

Please stop in or call the Centre to sign up.



### Seasons Greetings...

*Wishing you and your family a safe and joyous holiday season.*

From all of us at the CAW Workers Adjustment Centre...

*Merry Christmas and Happy New Year!*



### Winter Warmth

Many members have received assistance from the Winter warmth Program. This program assists families who need help with their heating bill.

For more information about this program, call or visit the centre.

### Volunteering Information

#### C.H.A.P.

Community Home-Support Assisting People is looking for volunteers. If you are interested in becoming a volunteer for C.H.A.P. and for further information, please come into the centre and bring your resume. Mileage reimbursement available.



*"Those who can, do. Those who can do more, volunteer."*

#### The Salvation Army

*Christmas Hamper Packing for Chatham-Kent*

The Salvation Army needs volunteers to pack hampers for Christmas on December 15, 2011. If you are interesting in helping with the packing, please stop in the Centre to sign up.

## Employment Resource Centre

The Chatham-Kent Employment Resource Centre is offering new workshops beginning in December.

- Job Search that Works
- Ace the Interview
- Free Computer Workshops; including:
  - ◊ Basic Computer
  - ◊ Simple Internet
  - ◊ Beyond the Basics
  - ◊ Intro to Work 2007

### To Register Contact:

Chatham-Kent ERC  
120 Wellington St. W, Chatham  
519-380-8878



## Job Success:

If you have a job success story you would like to share, please contact the Centre. We would like to hear from you.



*For more information or up-to-date information, please visit our website at [www.caw-wac.com](http://www.caw-wac.com) or stop in the centre.*

## Job Networking Tips

- Networking provides job referrals and inside information on a company
- Include anyone who can assist, friends, family, former coworkers, neighbours and acquaintances
- Keep in touch with your network to ensure you do not miss out on any opportunities
- Keep track of your network, who is who and where they work
- Attend networking events
- Only 15-20% of jobs are advertised, and 80% of job seekers find networking is essential



## Networking Group

Starting in January the CAW Workers Adjustment Centre will be offering a Networking Group one day a week. We provide the place, snacks, and occasional guest speakers. Learn ways to job search, find job leads, create special interests groups within the network, self-guidance....choose your own direction.

## New Contract & Database Update

We have a new contract with the MTCU. This will keep your Centre open until the end of September 2012

Under this new contract with the MTCU, we are required to update our database with current information. Please stop by the Centre to fill out our new information forms, if you have not done so already. Thanks for your cooperation.

## Workshops

### Focus On: Computer Job Readiness

The CAW Workers Adjustment Centre offers Computer Job Readiness workshop to members, provided by the LKDSB. This 8 week course is designed for adults with little or no computer skills. Learn practical skills including keyboarding, Microsoft Word and Excel.

# 1306

WORKSHOPS NOW SERVED!

The CAW Workers Adjustment Centre also offers the following workshops, and more:

- Lift Tuck
- First Aid & CPR
- Smart Serve
- Overhead Crane
- Food Handler
- Resume Writing & Interview Skills



*This Adjustment Centre is made possible through funding from the Province of Ontario.*